

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Januarius Bart HEADCOACH

Coaches: Leemans Mats

Coaches: Crevits Jonas

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN						Heat:5, starttime: 09:35	
Heat: 5/6 Lane : 6 Athlete: NAZARUK NICOLE						Q-time: 00:29:99	
PB (25m pool): 29.99 Gent 9 Nov 2024						PB (50m pool): 30.35 SB:	
	2 5 M		5 0 M				
PB			29.99				
	29.99						
							

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN					Heat:5, starttime: 10:05	
Heat: 5/7 Lane : 2 Athlete: CLEYMANS KARSTEN					Q-time: 01:05:22	
PB (25m pool): 1:05.22 Leuven 12 Oct 2025					PB (50m pool): 1:07.04 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		29.93		1:05.22		
	29.93		35.29			
						

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN					Heat:5, starttime: 10:05	
Heat: 5/7 Lane : 6 Athlete: CLEYMANS TORBEN					Q-time: 01:03:16	
PB (25m pool): 1:03.16 Gent 9 Nov 2024					PB (50m pool): 1:04.94 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		29.48		1:03.16		
	29.48		33.68			
						

Coach feedback:

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: STZ

Event number: 6: 100M BREASTSTROKE MEN					Heat:7, starttime: 10:10
Heat: 7/7 Lane : 2 Athlete: VAN GROENIGEN KARSTEN					Q-time: 01:03:67
PB (25m pool): 1:03.67 Aachen (GER) 12 Oct 2025					PB (50m pool): 1:04.72 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.89		1:03.67	
	29.89		33.78		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN					Heat:6, starttime: 10:50
Heat: 6/6 Lane : 2 Athlete: THIÉBAUT NOAH					Q-time: 00:55:75
PB (25m pool): 57.14 Gent 9 Nov 2024					PB (50m pool): 55.75 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.86		57.14	
	26.86		30.28		
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN					Heat:3, starttime: 10:55
Heat: 3/7 Lane : 5 Athlete: IANNINO VALENTINA					Q-time: 00:27:52
PB (25m pool): 27.52 Leuven 11 Oct 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M			
PB		27.52			
	27.52				
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN					Heat:6, starttime: 10:55
Heat: 6/7 Lane : 1 Athlete: NAZARUK NICOLE					Q-time: 00:26:89
PB (25m pool): 26.81 Leuven 15 Oct 2023					PB (50m pool): 27.14 SB:
	2 5 M	5 0 M			
PB		26.81			
	26.81				
					

Coach feedback:

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Event number: 13: 4x50M MEDLEY MIXED							Heat:2, starttime: 11:00	
Heat: 2/2 Lane : 2 Athlete: TEAM STZ 1							Q-time: 01:51:65	
PB (25m pool):			PB (50m pool): No time SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: